Comparisons with 2021 BRFSS (US and PA, age 55 and over). All entries are percents unless otherwise indicated.

| | 2023 Westmoreland | 2021 BRFSS US | 2021 BRFSS PA | |
|--------------------------------|----------------------|------------------|------------------|---|
| Item | County SoA | (Age 55+) | (Age 55+) | |
| | , | , , | , , | • |
| Health rating | | | | |
| Excellent | 11 | 14 | 13 | |
| Very good | 37 | 30 | 31 | |
| Good | 29 | 33 | 34 | |
| Fair | 18 | 17 | 16 | |
| Poor | 5 | 6 | 7 | |
| | | | | |
| Told had diabetes | 27 | 21 | 19 | |
| | | | | |
| Could not afford to see doc | 3 | 6 | 4 | |
| | | | | |
| How often smoke | | | | |
| Every day | 8 | 9 | 10 | |
| Some days | 2 | 3 | 3 | |
| Not at all | 90 | 88 | 87 | |
| | | | | |
| Engages in physical activities | 61 | 71 | 70 | |
| | | | | |
| BMI [mean (std dev)] | 30.0 (6.7) | 28.5 (6.2) | 28.8 (6.2) | |
| | | | | |
| Got flu vaccine | 62 | 61 | 65 | |
| | | | | |
| Got pneumonia vaccine | 65 | 52 | 53 | |